

# What You'll Need When You're Admitted



## Suggestions on What to Bring:

- An address book or listing of friends' phone numbers and e-mail addresses
- List of medications
- Fun books, magazines and games
- A few pictures of important people and favorite things, such as spouse, friends, kids and pets
- One or two changes of comfortable, loose clothing, including VERY LOOSE pants or shorts that can go over a large bandage, and several changes of underwear and socks
- Roomy cardigan sweater or bathrobe for those who get cold easily
- Insurance documentation
- Slippers
- Personal Toiletries, electric razor if you are on blood thinners
- Your own pillow if you have a particular one you like
- Comfortable, stable, rubber soled sneakers

## What Not to Bring:

- Jewelry
- Credit Cards
- Cash
- Personal Medications
- Other valuables